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Holistics Support Services for Individual's with Movement Disorders

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The use of holistic therapies in physical and behavioral medicine continues to expand nationally. Research supports the use of holistic therapies to improve health outcomes related to back pain, arthritis, and depression to name a few. This case study presentation demonstrates application of holistic therapies for individuals with physical ailments and movement disorders in an integrative medicine clinic in Northeast Pennsylvania. The holistic clinical team approach is discussed. The presenter provides the historical evolution of the clinic and describes how the clinical protocols were developed. The presenter will also discuss how community-based engagement efforts were used to support individuals with movement disorders beyond physical medicine to include behavioral health. The findings suggest that holistic therapies do support quality of life and positive health outcomes when combined with traditional approaches to care for individual with movement therapies.

Biography

Steven J. Szydlowski has completed his Doctorate of Health Administration in 2007 from the Medical University of South Carolina and Master of Business Administration and Master of Health Administration from the University of Scranton. He is the director of the Master of Health Administration at the University of Scranton. He has published more than 40 papers in reputed journals, presented at over 100 national and international conferences, and has been serving as an editorial board member of repute. His research agenda focuses on population health, integrative medicine, and global health. He has over fifteen years of health care administration.

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