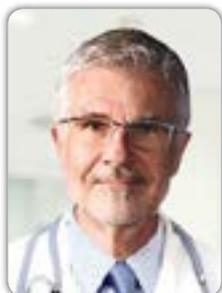


12TH EURO-GLOBAL GASTROENTEROLOGY CONFERENCE

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Hippocrates was Right! All disease begins in the gut: New insights at the forefront of Gastroenterology

The human gut surface area measures about the same as a regulation tennis court. Not only does it constitute the area responsible for the breakdown and digestion of proteins, fats, and carbohydrates, but also until recently, its function as the major reservoir for the microbiome has been little appreciated. The interaction of the microbiome within the oral cavity, the stomach, small bowel, and the colon now informs us that rather than being a digestive processing center, the gut in reality is the “Sixth Sense,” receiving and interpreting information from bacteria, viruses, plant polyphenols, helminthes, and fungi. Moreover, the neurons and immune cells lining and literally protruding into the lumen of the gut, process and interpret the bacterial and viral signals, are educated by them and in turn, modulate and control not only the gut metabolism, but have direct and indirect effects on emotional states, brain mitochondrial function, and neuron survival. Indeed the gut is the portal and controller of neurodegenerative diseases such as Alzheimer’s, Parkinson’s and ALS. The modern gastroenterologist is now at the forefront of managing these conditions as never before. How the Gastroenterologist accomplishes these feats will be discussed.

Biography

Steven Gundry worked in medicine for over 40 years. He is probably best known for his work as a cardiologist and heart surgeon... but today his focus is on something very different, teaching people how to avoid surgery by using my unique vision of human nutrition. His mission is to improve your health, happiness, and longevity by making simple changes to your diet. He is currently the Director and Founder of the International Heart & Lung Institute as well as the Center for Restorative Medicine in Palm Springs and Santa Barbara, CA. Every day at these offices, He help patients learn how to take control of their weight, health, and energy by using my surprisingly simple diet advice. He eventually changed his interest from Cardiology to digestive system and diet that make living easy by improving digestion and nutrition. He laid a path for weight reduction by improving the digestion and nutrition.

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