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Obesity surgery in the awake: Is it feasible?

Mohammad Hayssam Elfawal

BSC - Bariatric Surgery Clinic, Lebanon

Obesity is a chronic and progressive disease, associated with related metabolic disorders, causing severe morbidity and mortality around the globe. Sleeve gastrectomy is being performed with increasing frequency in the world for the treatment of morbid obesity. General anaesthesia carries a significant risk in the obese individual and especially those who had metabolic syndrome (diabetes hypertension or coronary artery disease). We started in the bariatric surgery clinic (BSC) in Makassed hospital in Beirut to do sleeve gastrectomy under block anaesthesia (awake patient) in the year 2010 for the first time in the world. Thereafter we did 35 cases of sleeve under block. We report hereby our results in terms of safety efficacy and resolution of comorbidities after 3 years of follow up.

Biography

Arabic University of Beirut since year 2005. Diploma in Hepato-biliary and transplant surgery : University of Paris -6- / France in year 2003 Fellow in the American college of Surgeons since year 2011.

hayssamfawal@gmail.com

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