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Role of multidisciplinary team in bariatric practice

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Bariatric surgery is a treatment for weight loss and metabolic syndrome and an effective tool for resolution of co morbidities. As patients need diet modification, physical activity and life style modification, this is not the only surgeon's job. He needs team of Physician, Endocrinologist, Anesthetist, Intensivist, Nutritionist, Physiotherapist, Psychologist, and Bariatric coordinator. Pre- and post-operative role includes: Evaluation of comorbidities, control of comorbidities, pre-anesthetic work up, nutritional assessment, psychological counseling and coordination of formalities and facilities. A pre- and post-operative role for a Surgeon is to perform surgery, Anesthetist for the administration of anesthesia, Intensivist to manage patient, Physiotherapist and Physician to manage post-operative recovery and comorbidities. The safety and success of bariatric surgery is depending upon the multidisciplinary approach of bariatric practice.

Biography

Pallavi Nitin Shah has completed her degree in Naturopathy and has done her Post-graduation in Psychological Counseling (PGDPC). She has done her Post-graduation in Hospital Management (PGDHM), Certificate course in Nutrition (CNN). She has done her dissertation in setting up bariatric clinic. Being one of the Founder Members of LOC (Laparo obese centre) founded by renowned Bariatric Surgeon Dr. Shashank Shah, she performs various roles like counseling, nutritionist, taking protocol of patients, pre- and post-surgery diet plans, awareness programs in various institutes and organizing patient support group. She has taken a special training, related to Bariatric under Father of Obesity Surgery, Dr. Nikola Scopinaro, Italy. She has attended various national and international conferences in India and abroad. She was also a faculty for Boston University affiliated training program. She is also a member of Executive committee of All India Advancing Research Obesity (AIAARO). Currently, she is working as a Bariatric coordinator in Laparo Obeso Centre, India.

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