

# GASTROENTEROLOGY AND DIGESTIVE DISORDERS

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## Unsafe sex: An emerging problem?

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When thousands of people die due to terrorist attack, it is rightly considered to be a tragedy with global implications. But when thousands of death occurs each day due to unnecessary diseases, nobody even thinks about it! Diseases that could have been prevented by supplementing with minor changes in lifestyle to bring about years of vibrant health. Preventive health care for married couple never be ignored. Safe sex practices became more prominent in the late 1980s as a result of the AIDS epidemic. Promoting safer sex campion is now one of the aims of sex education. It is regarded as a harm reduction strategy aimed at reducing risks. Sex attraction is not accepted center pillars of love. Preventive health screening for married couple is simple and non-invasive. Over the years the causes of mortality and morbidity have changed from infective diseases like HIV, tuberculosis to chronic diseases. These diseases can be easily prevented if one understands the risk factors. If the risk factors are managed these diseases can be easily controlled. These include tests for general wellbeing and specific tests for STD. A complete blood count, along with immunity function profile and kidney function profile, is required to know how the various systems in the body work. Between the ages of 21 and 29 are the ages of aggression of sex. Between the ages of 30 and 55 is the post sex aggression period. The other most common sex education is difficult to identify due to hesitation. It is difficult to control due to very rare population size of people living with genital warts and they are not willingly enrolled to this study.

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