

GASTROENTEROLOGY AND DIGESTIVE DISORDERS

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Innovations and evolutions in colorectal surgery

Zakir K Mohamed

Mediclinic Middle East, UAE

Colorectal cancer is one of the commonest cancers in the world. The incidence of this is increasing in the Middle East and Asia, especially in younger people. With the unfortunate increase in incidence, research into the treatment and subsequent outcome has improved significantly. From a 5-year survival of 25% in 1975 to a 57% survival in recent years, the modality of the treatment has also evolved. From days of open surgery to TME surgery and enhanced recovery after surgery, then from laparoscopic surgery to robotic surgery and more recently TaTME, outcome for patients have only improved. We will offer an insight into the various stages of developments of these procedures and pros and cons of some of these based on randomized controlled trials, and their cost effectiveness.

zakirkm@yahoo.com

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