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The patients with hyperuricemia needs screening colonoscopy

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Objective: The most important objective of this presentation is that the patients with an increased level of uric acid need screening colonoscopy, indifferent that they are asymptomatic.

Material and methods: Present the situation of a patient 60 years old, which came at the consultation for pain in the right flank. He had the level of uric acid=20mg/dl. After colonoscopy appeared in evidence that inside of the colon were presented 20 polyps in all colon: sigmoid, transverse and ascendant. He couldn't believe that must to follow the procedure for endoscopic resection of all over of these polyps, but this was performed in three separated interventions. I have observed in my medical practice more than 80 cases in a similar situation, with an increased level of uric acid more than 10mg/dl (between 10-20mg/dl) and all these patients presented after colonoscopy was performed, more than 10 polyps inside of the all colon and needed endoscopic resection.

Results and discussions: This situation must be taken into account because isn't a simple coincidence. The explication is that the patient who eats very much red meat and drinks alcohol has increased level of uric acid. So, indirectly the increased level of uric acid (hyperuricemia) attract attention that the patient consumed in a diet very much red meat and low diet in fibers and for this reason present a risk for colon polyps.

Conclusion: All the patients with hyperuricemia, indifferent that they are asymptomatic, must to perform screening colonoscopy, because sure they present many unknown polyps inside of the colon, which needs endoscopic resection as early as possible.

Biography

Manuela Stoicescu is Consultant Internal Medicine Physician (PhD in Internal Medicine), Assistant Professor of University of Oradea, Faculty of Medicine and Pharmacy, Romania. She was invited as speaker at more than 30 International Conferences is USA, China, Japan, Canada, Thailand, Dubai, Spain, Germany. She is Committing Organizing Member at many International Conferences, is editorial board member in two ISSN prestigious Journal in USA, published more than 30 articles in prestigious ISSN Journals in USA, published five books (two on Amazon—one is: "Sudden cardiac death in the young" and second is: "Side effects of antiviral hepatitis treatment"), one book with OMICS USA: "Tumour markers in hypertensive young patients", one monograph ("High blood pressure in the young an ignored problem?") and two chapter books—Cardiovascular disease: Causes, Risks, Management CVD1- Causes of Cardiovascular Disease 1.5,1.6, USA on Amazon.

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