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Bernhard Mann University of Koblence-Landau, Institute of Sociology, Germany

A qualitative and quantitative review of the risks of traumatic experiences for emergency personnel and coping management in International view

Emergency personnel are constantly exposed to traumatic experiences in their work environ-ment. "Emergency personnel" means any persons, paid or volunteer, who receive calls for dispatch of police, fire, or emergency medical service personnel, and includes law-enforcement officers, firefighters, including special forest wardens and emergency medical service personnel (Code of Virginia of the State of Virginia). These experiences cause a high risk for anxiety and other mental disorders. With this research, we want to compare the rele-vance of work environments to the increased risks. I want to review the current coping man-agement protocols used and revise the protocols to establish coping management techniques specific for the need of emergency personnel. We will incorporate the following possibilities: health management and physiology, health psychology and health sociology. This will be an international research project in order to compare different social structures and their ap-proaches to the above mentioned issue and to analyze why some countries have better results with their current coping management protocols. These protocols can be modified and incorporated.

Biography

Bernhard Mann has completed his MSc at the University of Erlangen-Nuremberg. He has ob-tained his PhD from the University of Kassel and his Post-graduate studies in Public Health from the Medical University of Hannover. He was Professor of Health and Social Manage-ment at Universities of Applied Science in Bamberg and Bielefeld, Germany, and Adjunct Professor of Public Health and Sociology at several universities. He is Associated Member at the University of Koblenz-Landau, Department Koblenz, Institute of Sociology and at the In-stitut Européen des Sciences de la Santé a Casablanca, Maroc. He is an Editorial Board Member of the World Journal of Public Health and has published many papers and monog-raphies.

bmann@uni-koblenz.de

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