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Education in nursing and community intervention

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Statement of the Problem: Angola has a very young population, like the majority of developing countries, constituting a challenge for the country's progress. There are asymmetries in communities due to inequality of opportunities throughout the territory, which causes internal migratory movements to urban centers and overhead in available public services. The Angolan government has defined a set of priorities oriented towards the promotion of participatory and sustainable human development. Thus they recognized the need to strengthen support for education and research institutions, for the evaluation of the quality of professional performance monitoring and health teams' evaluation. The purpose of this study is to report the implementation and results of community intervention projects used as a strategy for teaching and developing people and communities in the training of community health nursing specialists at the Centro de Formação de Saúde Multiperfil, Luanda, Angola.

Methodology & Theoretical Orientation: Report of the experience of the use of community intervention projects in nursing, in Angola. All projects were developed according to the methodological design of health planning of Imperatori and Giraldes and the theoretical model of health promotion of Nola Pender.

Findings: Community intervention projects have contributed to the health promotion, citizenship and the empowerment of individuals and communities. Furthermore students of community health nursing specialty consider the person as being responsible for his own life and health project, putting at their disposal a whole set of knowledge and mastery. In its exercise of health promotion, favored people and communities gain control over their own health, and therefore contributing to their development and empowerment.

Conclusion & Significance: The students' intervention was reflected in an active citizenship of the population through counselling and information, risk prevention, early identification of the disease and reduction of complications. Community nursing intervention is undoubtedly important to develop citizens more aware of the power of their active participation.

Biography

Helena José has completed her PhD in Nursing by the University of Lisbon in 2009. She is from the Multiperfil Polytechnic University, Luanda. She has published 59 articles in specialized magazines and 25 papers in events proceedings, has 3 book chapters and 5 books published. She has directed 25 master's theses in Social Sciences and Health Sciences. She works in Medical Sciences with emphasis on Communication Sciences.

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