

## International Conference on COMMUNITY NURSING AND PUBLIC HEALTH November 19-21, 2018 Cape Town, South Africa

### Geriatric nursing

**Sr Lee Boorman**  
Faircape Group, South Africa

Geriatric care management, also known as elderly care is the process of planning and coordinating the care of the elderly and others with mental and physical challenges not just to meet their long term needs but to ensure the improvement of quality of life. Why the care of the elderly is so important to us and the new generation and what benefit does it have for the rest of the population? Our elders not just have the wisdom to impart with us, but they give us purpose, inspire and motivate us to become better people, to grow in our communities and to become part of an ever growing circle of healthier, happier and more content people. In order for us who's daily task and goal it is to care for the elderly it is of utmost importance to understand the main concerns and medical problems we experience in geriatric nursing, ever growing as the human race lives longer is Dementia and all the combined symptoms that goes with this. Always remembering that not two people are alike and individual assessments are of utmost importance. When you begin your research into in-home care for an elderly loved one, it's important to remember that there isn't a uniform approach for care and the type of care your loved one needs today may not be the type of care he needs next month, next year, or even tomorrow. Each person's situation is unique, and it's important for families caring for senior loved ones to be flexible and know that care needs will change over time, sometimes frequently and/or unexpectedly. This is why it is an exciting field, every day with new challenges and solutions that leave you satisfied at the end of each day.

### Biography

Sr Lee Boorman has 30 year experience in the holistic management of not just the elderly but the entire spectrum of design, building, managing and maintaining 287 hospital beds caring for the elderly as well as focusing on the emotional, physical and psychological well-being of 1000 assisted living retirees spread over 6 retirement villages belonging to the Faircape group in Cape Town, South Africa. Her passion for advocacy for the elderly and those who cannot speak for themselves motivate her daily to improve and seek to offer better, faster more convenient care to all her residents.

nursingmanager@faircape.co.za

### Notes: