Pregnancy complications in women with PCOS

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The polycystic ovarian syndrome affects 6-15% of reproductive age women worldwide. And recently the changing lifestyles and rising obesity worldwide have contributed to a rise in the incidence of PCOS. Though there are many issues with PCOS, post-conception, PCOS women are at increased risk of early pregnancy loss which is approx. three-fold as compared to the women without PCOS. After successfully crossing the first trimester, they are at risk of developing pre-eclampsia, GDM, preterm birth and birth of small for gestational age infant. Also, the higher incidence of multiple pregnancies is there and the risks associated with them. All these leading to a higher rate of c-section delivery. So, the proper understanding of these risks, informing and counseling the patients regarding them facilitate closer maternal and fetal surveillance and help to improve the outcome of pregnancy.

Biography
Reema Jain has completed her education from the Delhi University India. She is the Director of Vaishnavi Nursing Home, Gurugram, India. She is the Joint Secretary, Gurugram Obs. and Gynae Society 2018-19. She is the member of FOGSI, IMS, IMA. She has the keen interest in high-risk pregnancies and infertility.

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