Ophthalmic care and challenges during pregnancy

The eye is considered to be the mirror for the human body and many systemic diseases have special manifestations in the eye. Pregnancy is associated with many physiological changes in the eye which should be always kept in mind by all caring physicians to optimize the medical care for the pregnant lady. In one-year retrospective review done at King Fahd hospital, the biggest referral hospital in our city, the total numbers of all pregnancies seen in the antenatal clinics were 5325, among them 214 patients were diabetic (26 were IDDM and 188 were GDM) and 174 were hypertensive (44 patients with chronic hypertension and 30 patients were gestational induced HTN). In spite that, no single consultation was written to ophthalmology. Nevertheless, the patients records did not revealed any ophthalmic care done for those patients during pregnancy. In hospitals where obstetric care is provided, strong collaboration between obstetricians and ophthalmologist is mandatory to implement a clear protocol for eye care during pregnancy.

Biography

Ali Hendi Alghamdi has received certifications such as Saudi board, King Saud university board, FRCS, ICO, Cornea, Cataract and Refractive surgery fellowship and TQM-Diploma. He is the Dean of medical college at Al-Baha University, Assistant Professor, Senior Consultant Ophthalmologist and Cornea and refractive Surgeon. He is a speaker in many local and international conferences and published more than 8 papers in very well respected journals.

abohan2020@hotmail.com