Promoting excellence in orthodontics: The invisalign paradigm shift; indications and clinical applications

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The orthodontic specialty is experiencing an accelerating evolution during the past decades. The art and science behind an ideal occlusion and an elegant smile is moving towards more efficient and aesthetic treatment options. Clear braces, lingual appliances and invisible aligners are all included in the armamentarium of contemporary clinicians. Invisalign is a highly aesthetic method that allows for predictable tooth movements through individualized digital treatment planning for both children and adults. In this presentation, the indications and limitations of the technique will be discussed and displayed through clinical cases.

Biography

Ioanna Gidarakou is an Orthodontist. She completed her Graduation at Dental School of Aristotle University in Macedonia, Greece. She completed her Post-graduation in Orthodontics and Dentofacial Orthopedics at Eastman Dental Center, University of Rochester, NY and Residency at the same institute on Temporomandibular Joint Dysfunction and a Craniofacial Fellowship in Pediatric department, University of Rochester. She completed her PhD at Aristotle University. She has published numerous papers in world-renowned journals with emphasis on Temporomandibular Joint (TMJ) and Clinical Orthodontics.

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