SSA-process: A new method for the selection of teeth to be used in oral rehabilitation in the construction of personalized smiles

Dental selection in oral rehabilitation is a complex process. Despite the great advances in dentistry over the last few years, the principles for selecting the shape and size of teeth in rehabilitation remain the same at the beginning of the last century, which have not proved sufficient for the high aesthetic standards demanded today. The objective of the present study is to present the dental community a new proposal for the selection of teeth to be used in oral and aesthetic rehabilitations. From a thorough review of the literature, clinical cases and a comparative pilot study conducted in the years of 2010/2011 at the Lutheran University of Brazil in Cachoeira do Sul/Rio Grande do Sul, where 10 patients received two full dentures with teeth chosen by conventional methods and another with the teeth chosen by the new method. Of these 9 preferred the aesthetic result achieved with the new method of dental selection. The author will demonstrate the possibilities of the new proposal, as well as, the principles and processes involved in it Selection of teeth directly in the mouth; active and dynamic participation of the patients in the selection of their teeth and the simulation of the final results. The new proposal has been established as a new way of thinking about dental selection in order to provide reliability and predictability in oral and aesthetic rehabilitations in order to achieve it in the construction of personalized smiles.

Biography
Ruy Teichert Filho is Captain of the Board of Health Specialists of the Brigada Militar in the Rio Grande do Sul State Brazil. He is the CEO of Teichert Clinic Aesthetic Dentistry and Implantodontic and a Professor with specialization in Implantology at Cruzeiro do Sul College. He is a Specialist in Implantology, Dental Prosthesis and Esthetic Dentistry. For more than 15 years, he is dedicated to the study and practice of oral rehabilitation focused on aesthetics.