Determinants for early weaning: An integrative review  

Carolinne Kilcia Caravalho Sena¹, Mayara Francisca Santos Goñsalves¹, Thalita Farias Vieira¹, Magda Coeli Vitorino Sales¹, Juliana Macêdo Magalhães¹, Cristina Maria Miranda de Sousa¹, Davi Said Araújo¹, Samara Karine Sena Fernandes Vieira¹, Adélia Dalva da Silva Oliveira¹, Eduardo Cairo Oliveira Cordeiro¹ and Davi Lavor Néri Rodrigues²

¹Uninovafapi University, Brazil  
²University of Fortaleza, Brazil

Breastfeeding is a practice that presents several benefits for the mother and the baby, contributing to improve the bond of the binomial in the cognitive and physiological aspects. The objective of the present work is to characterize, through the scientific evidence, the determinants that contribute to the early weaning. The research is a literature review, whose electronic databases used were Scientific and Technical Literature of Latin America and the Caribbean (LILACS), Institute for Scientific Information - ISI Web of Science and Cumulative Index to Nursing and Allied Health Literature (CINAHL) Complete. Inclusion criteria were original articles available in full with publication time cut in the years 2010 to 2016; Languages: English, Spanish and Portuguese. The following descriptors and their combinations were used: Weaning, breastfeeding, nursing; as well as in English. As results of the refined search in the databases, 15 studies were identified, which were discussed for analysis purposes, whose results were grouped by thematic confluence and discussed in thematic categories, namely: Insufficient milk production; Introduction of early food; End of maternity leave; and breast intercurrences. It can be concluded that the present study brings relevant information on the topics discussed, since it gathers them in bibliographical literature, demonstrating its importance and being a reference for future studies related to the subject.

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Biography

Carolinne Sena Graduated in nursing from the Faculty of Health, Humanities and Technological Sciences of Piauí (2008) and graduation in advertising from the Center of Unified Education of Teresina (2002). She is currently Coordinator of the Center for Continuing Education and Maternal Health Practices Dona Evangelina Rosa (MDER), member of the Research Ethics Committee of MDER and is a professor of the nursing course of Uninovafapi University Center. She holds PhD in Biomedical Engineering from University of Vale do Paraíba (UNIVAP). She is a Master in Family Health at the Uninovafapi University Center and holds a postgraduate degree in Collective Health and Family Health (2007) from Cruzeiro do Sul University and a postgraduate degree in Marketing (2004) from Universidade Federal do Piauí.

carolkilcia@yahoo.com.br