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## Tinnitus: From the perspective of different medical specialties

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Tinnitus is one of the most widespread disorders of the auditory system, affecting approximately 17% of the general population. In addition, it is one of the most difficult to treat symptoms in audiological practice. It is the perception of sound in the absence of an appropriate external sound source. Early treatment included boiling earthworms in goose grease, cedar sap, rose oil, honey, vinegar, wine, cockroaches ground in rose oil and opium. With all scientific advances, up till now, there is not one medication specific and successful for treating tinnitus. There are a lot of treatment trials, some gained some success and some failed. The main obstacle with managing tinnitus is the fact that the place of origin and pathogenesis of tinnitus is not yet determined. Therefore, dealing with tinnitus should not be restricted to certain medical specialty. Rather, we need to have a multidisciplinary team to study tinnitus and put theories on diagnosis and management. This presentation aims at putting a hypothesis on how doctors from different medical disciplines can handle the problem of tinnitus, each from his point of view and how they should meet at certain target point which is finding optimal treatment for tinnitus.

### Biography

Mostafa R Mohamed is an Audio-Vestibular Medicine Consultant and Lecturer at Assiut University, Egypt. He has been practicing in the field of audio-vestibular medicine since 1999, combining academic, research and clinical activities. In addition, he has his clinic for assessing patients with hearing loss, tinnitus and vestibular diseases. He is conducting both diagnostic and rehabilitative maneuvers, including acoustical and electrical sound amplification.

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