

# WORLD PHYSIOTHERAPISTS & PHYSICIANS SUMMIT

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## Romina Ghassemi D C

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### **A new approach to addressing poor-posture-induced musculoskeletal symptomatology from head to toe! An easy approach to early detection and prevention of the underlying cause of degenerative spinal disease**

In 2017 patient population's common denominator is not the flu but technology. Prolonged texting, computer use, sitting and driving are causing a rise in loss of time from work, increased pain and an accelerating rate of degenerative spinal joint diseases. In this presentation, you can learn the clinical causes of an unhealthy posture and their relationship to the interruption of neural pathways. You can learn how to evaluate complaints of pain and stiffness using knowledge of biomechanical malfunction and its impact on muscular, skeletal and neural systems. This is a new approach to patient care as seen through the impact of biomechanics. You can learn the basic steps of patient consultation, biomechanical examination and the incorporation of a conservative treatment plan for reducing the underlying causes of spinal symptoms and long term degenerative changes. This workshop is designed to be informative and easy to understand.

#### **Biography**

Romina Ghassemi D C has received her Doctorate degree from the University of Applied Health and Sciences, USA in 1995. In 2000, she has obtained her Specialty in Biomechanics and Spinal Correction. During her practice she and her team have helped hundreds of clients achieve spinal correction leading to better posture and health. She is an active speaker on posture awareness and has created a line of home care products to help her patients achieve better posture.

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