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CHRONIC OBSTRUCTIVE BRONCHITIS AND DEPRESSION IN ELDERLY OUTPATIENTS

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As it is known in recent years the problem of depression in the elderly is growing, on the one hand the increase in the elderly population and on the other the appearance and / or persistence of chronic conditions often disabling that interfere with mood such as COPD (ill, preventable and treatable characterized by a chronic obstruction to the air flow in the intrathoracic airways. The presence of an FEV1 / FVC ratio of less than 0.70, demonstrated by spirometry performed after administration of a bronchodilator, is a necessary criterion to confirm the clinical diagnosis of the disease). The aim of this study was to verify a possible correlation between low mood and COPD in ambulatory elderly subjects.

Methods: From October 2016 to April 2017 we submitted the Geriatric Depression Scale - J. Yesavage (one of the most popular scales for evaluation of depressive symptoms in the elderly, the instrument consists of 30 items which excludes the detection of somatic symptoms and psychotic symptoms, the answers are reciprocating (yes / no), the score ranges from 0 to 30 with a threshold level to 11 place, beyond which are clinically relevant depressive symptoms) to 118 elderly (67M-51F) subjects with age average of 76 related to the clinic of Pneumology simultaneously undergo spirometry.

Results: Our data in line with other studies show no correlation between depression severity and severity of obstructive, other parameters considered such as sex, BMI and FVC showed no correlations.

Biography

Tiziana Candiani was born in Magnago in 1963. She is Head of the Complex Structure of Internal Medicine of Cuggiono Hospital. She is also Head of the Department's Simple Department of Geriatrics at the "Giuseppe Fornaroli" Hospital in Magenta. She graduated from the University of Milan and subsequently gained specialization in Geriatrics. She has a second specialty in Medical Idrology. She has lent his activity, such as a geriatrician, to the Desio Hospital, and to the Geriatric Assessment Unit of Merate. Since 1998 she has been working at the Ospedaliera Azienda di Legnano. She continues her education by obtaining two diplomas: the Diploma of Training for Medical Managers at Bocconi University in Milan in 2008; The Diploma of Healthcare Director at Eupolis Lombardia - School of Health Care in 2014. From 2008 to 2012 she was a member of the Board of Directors of the Special and Consortium Company for the Services for the Municipalities. She is a contract professor with the University of Milan.

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