

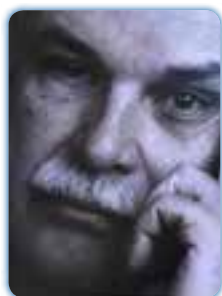
16<sup>th</sup> International Conference and Exhibition on

# OBSESITY & WEIGHT MANAGEMENT

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## 17<sup>TH</sup> WORLD FITNESS EXPO

November 13-15, 2017 | Atlanta, USA



## Jose Palomar Lever

*P-DTR Global, Switzerland*

### P-DTR and rehabilitation

**P**-DTR is a neurological, reflexogenic real-time manual therapy that balances sensory-motor homeostasis. The purpose of P-DTR treatment is to restore an optimal reflexive activity of the central nervous system to any kind of stimulus. The P-DTR method provides the tools to assess, diagnose and treat dysfunctional receptors and instantly restore the afferent information flow. Will explain in brief, how functional neurology works for patients with traumatic injuries, postural dysfunctions and chronic pain. Basic concepts of how the brain receives information from different specific receptors. Why aberrant information changes the response of the brain, creating pain, limitations and a restricted range of motion. With a small manual intervention we can change the response of the nervous system and get fast results.

**Findings:** The theoretical core of the method is the pairing of dysfunctional afferent signals. The excessive afferent information, which arrives to the CNS from the paired receptor fields and the quantitative change of the information flow from one field, inevitably leads directly to the change of the information flow from another field. In other words, any stimulus to the CNS from a dysfunctional receptor will be compensated.

### Biography

Doctor Jose Palomar Lever is the founder and creator of P-DTR - a unique neurological method of treating functional diseases. He began his medical school education at the age of 17 at the Autonomous University of Guadalajara, received his training in Orthopedic Surgery and Traumatology at the Central Military Hospital and at the age of 24 performed his first orthopedic surgery. Pursuing his interest in what he now refers to as the "software" of the human body, Dr. Palomar became a Diplomat in Applied Kinesiology from the International College of Applied Kinesiology and received the organization's Alan Beardall Memorial Award for Research Today, in addition to pursuing an ongoing research program, Dr. Palomar conducts regular trainings in Proprioceptive – Deep Tendon Reflex (P-DTR) for medical practitioners in America and Europe, while continuing to practice medicine from his home base in Guadalajara.

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