

16<sup>th</sup> International Conference and Exhibition on**OBESITY & WEIGHT MANAGEMENT**

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**17<sup>TH</sup> WORLD FITNESS EXPO**

November 13-15, 2017 | Atlanta, USA

***Jose Palomar Lever****P-DTR Global, Switzerland***The demonstration of how people can improve their results and endurance while exercising after a small intervention with P-DTR**

Treatments are available for all areas of the body including back, neck, shoulders, knees, feet etc. Whatever the cause of the problem be it from an accident, from sport, work, gardening, hobby, posture or just the rolling on of the years, a P-DTR practitioner will offer a full assessment of your body and nervous system to ensure that you move through life at optimal neurological health. These are the most common problems we treat and there are many more. If you don't see your problem from the list of treatments above or if you are unsure if P-DTR would be right for you, please contact us or one of our practitioners for more information about your specific case. P-DTR can also help prevent problems for which we also offer the following services: Regular and sports footwear assessments, General biomechanical assessment, Running assessments, Postural education and strengthening program, Balance and proprioception training program.

**Biography**

Doctor Jose Palomar Lever is the founder and creator of P-DTR - a unique neurological method of treating functional diseases. He began his medical school education at the age of 17 at the Autonomous University of Guadalajara, received his training in Orthopedic Surgery and Traumatology at the Central Military Hospital and at the age of 24 performed his first orthopedic surgery. Pursuing his interest in what he now refers to as the "software" of the human body, Dr. Palomar became a Diplomate in Applied Kinesiology from the International College of Applied Kinesiology and received the organization's Alan Beardall Memorial Award for Research. Today, in addition to pursuing an ongoing research program, Dr. Palomar conducts regular trainings in Proprioceptive – Deep Tendon Reflex (P-DTR) for medical practitioners in America and Europe, while continuing to practice medicine from his home base in Guadalajara.

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