

19th International Conference on

Obesity, Healthcare - Nutrition & Fitness

March 18 - 19, 2019 | New York, USA

KEYNOTE FORUM | DAY 1

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Treating the main cause of sleep Apnea in the dental office by OJW: Weight control--an alternative option to removable appliances and gastro-intestinal surgery

My work demonstrates that Dental Professionals are welcomed by the public as providers of weight control services as part of a Healthcare team that includes dietitians, physicians, psychotherapists, and bariatric surgeons. OJW is a fixed intra-oral, bio-mechanical appliance and protocol for controlling compulsive overeating in carefully selected patients who are obese/heading toward obesity, that help them start regaining control over compulsive eating habits "CEEP" with potentially grave health consequences. One of those is OSA/Sleep Apnea which can be a life-threatening condition whose main symptom--snoring--has become the focus of attention

of Dentists who only treat its symptom. Using OJW: Weight-Control. I show how the Dentist can treat its most common CAUSE--Obesity. I will show how the wiring is placed to put the jaw into "Rothstein's OJW position of Mandibular Weightlessness" thereby limiting the extent they can open their jaw thus preventing the ingestion of "Comfort" foods--the "bad" ones. Permission to begin a liquid diet is obtained from their physician. The clarity of speech is unaffected, and the teeth never shift. Seemingly extreme, after eighteen years providing OJW, it is arguably rather a benign non-invasive, safe and effective method, when using my protocol (55-LCLD). Under my protocol, the DENTIST is responsible for maintaining the health of the TMJ, Dentition, and Gingiva. The PATIENT is responsible for losing weight by dint of their passionate dedication and adherence to a long-term, Low-Calorie, Liquid Diet "LCLD" authorized by their physician or proxy (psychotherapist)



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with guidance from dietitian-nutritionists. My presentation will enumerate the myriad consequences of obesity, and the Dentist's function as a member of a Healthcare team. I will describe the appliance and how-why it works, and address safety and effectiveness by referencing to a questionnaire I mounted in 2009 and describe the document-forms I use including an Informed Consent. I describe good and poor candidates and how to address common problems. I will list the ten most important elements of the OJW Service.

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Biography

Having practiced every phase of Orthodontic-Orthopedics for thirty-seven years, I moved from Brooklyn, NY to Portland, OR in August '16 where on Dec.16, 2016 I petitioned the OR Board of Dentistry to sanction OJW: Weight control services for Dental

Professionals. On June 26, 2017 "Weight control" services were approved.

I invented the appliance and developed the protocol for providing OJW: Weight-control. I provide OJW in Brooklyn NY. I have treated 200+ patients most of whom come from everywhere in the

United States simply because I am the sole provider. My dedicated OJW website: www.ojwforweightcontrol.com See youtube.com Ted Rothstein DDS to view some of the videos I posted on providing the OJW service.

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