

World Congress on

# Eating Disorders, Nutrition & Mental Health

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## The decision tree of eating disorder treatment

Eating disorders are complex psychiatric illnesses with varying degrees of severity and a different combination of symptoms. When working with this population, it is key to understand how to address the unique presentation of each patient. In this presentation, the author will provide an overview of the various aspects of the diagnosis and treatment process. This will include a discussion of the criteria for decision making regarding medical and psychiatric hospitalizations, residential, partial hospital, intensive outpatient and outpatient services as well as clinical cases. In addition, it is critical that patients have a team of clinicians to address each component of their illness. Author will also address the importance of a multidisciplinary team and pitfalls that can occur when there is a lack of communication among treaters.

## Biography

Seda Ebrahimi has received her PhD in Clinical Psychology from Pennsylvania State University. She is a Member of Academy for Eating Disorders, International Association of Eating Disorder Professionals and American Psychological Association. She continues to lecture and provide presentations at conferences and academic institutions. She has also been involved in patient advocacy at the local and national level.

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