

10th International Conference and Exhibition on

Obesity & Weight Management

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Obesity

Obesity is a global epidemic with far reaching medical and social consequences. This presentation will provide participants with the opportunity to explore every facet of obesity care in one place—operational, scientific, clinical and business. The goal of this presentation is to engage health care providers in learning about the medical wellness, weight loss and expose them to cutting-edge clinical and research approaches for the recognition, treatment and prevention of obesity. The information is focused on improving patient's total wellness by utilizing clinical research and evidence-based strategies to address the myriad of comorbid conditions related to obesity to help practitioners to treat the whole person, not just obesity. Resources and tools that are needed to develop comprehensive weight management program will be presented. The following topics will be addressed: Basic Science and Obesity, Obesity Algorithm, Obesity defined as a disease, Obesity as a multifactorial disease, Obesity Management Goals, Obesity Classification, Adiposopathy, Stress and Obesity, Patient Evaluation: history, physical exam, laboratory and diagnostic testing, Treatment, concurrent medications, The impact of the Affordable Care Act on obesity treatment, Health risks associated with obesity, Weight-management technologies, Endocrine disorders and obesity, Pharmacologic options for obesity, Addiction related strategies that can be used to improve weight loss outcomes, Comprehensive, evidence-based, personalized care for patients to reverse diabetes, cardiovascular issues, and many other high risk, high cost medical conditions.

Biography

Maria Derylo, DNP, MSN, APN-BC, received her BSN degree from Ryerson University, Toronto, Ontario, Canada, Master's at D'Youville College in Buffalo, NY, Post-master's Adult Nurse Practitioner Certificate from University of Nebraska Medical Center, Omaha, and her Doctor of Nursing Practice from Case Western Reserve University in Cleveland, Ohio. She worked as Nursing Faculty at University of Nebraska Medical Center, and in Northern Illinois University, DeKalb, IL. Currently, she serves as full time faculty at the Loyola University. She practices as Adult Nurse Practitioner at the family practice comprehensive health services, primary care centers in Chicago, Illinois. She served as a speaker and poster presenter at the numerous national and international conferences. Her research interests are obesity, diabetes, cardiovascular diseases, carcinoid and health care system.

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