Acupuncture controversy: false or true? Observation on studying of the applications in muscular-skeletal disorders

This is a study of development in research based on observation ICMART, WFAS, ICTAM and ISPRRM materials for the period from 1975 to 2013. Few things were triggered out to look at all this matter like and controversial advice on combination of Acupuncture treatment and Manipulative therapies (WFAS 2001, ICTAM 2013), as well as depth of needle inserting in case of Muscular-skeleton cases of problems (WFAS 2000, ICTAM 2013) as a most standing out. Also previous experience of different physiological explanations of phenomena of Acupuncture and trails of Physiological-anatomical systematization on theory of Acupuncture and TCM, by scientific research has been done in time to prove its reasoning, and finally substitution of the old methods (Vogralick 1976), like Moxa use and Finger pressure with new technology based introductions (Laser, Electromagnetic etc) Relevantly, the amount of studies on Acupuncture itself, is much bigger then on Tui-Na or Moxibustion or any other type of point approach to the body. Through observation of Congresses and Conferences in all those years we can clear see tendency to research more detailed process of micro-structures of the tissue then look at the levels of general body reaction. From simply empirical observation, as it was when Point therapy was formed, we intend to see micro-changes with out conclusion of whole picture of the physiological transitions of the body (ISPRM 2007). First of all let’s take the fact of non specific description of the point itself. In many studies we can see that there are many tissues can be found in the point structure, by certain locations, as they can be completely missing in different cases of the point locations. Secondly, combination of the methods to work on the points are greatly ignored or missed to favor one approach of the study. Therefore, we can also observe many developments in trying to explain different anatomical platforms which are the treatments going to be based on. There were trials to explain phenomena of Acupuncture based on Nerve System of the body (Vogralick 1976), then skin electricity conduct system (WFAS 2000), then bioelectricity of the human body as whole (WFAS 2007), photo genesis of the cell and so on. None of that trails yet succeed to explain fully or substitute Ancient Chinese system of explanation theory of TCM. That is where we have to remember initial formation of this Theory and get to few conclusions for further study reference.

Biography
Serg Mezhov, has been practicing different modalities Eastern as well Western medicine from 1979 back in Soviet Union until it’s end and then up till now in Melbourne, Australia. He is disciple of Lee family acupuncture tradition and has major interest in Spinal column disorders.

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