Physical and mental health of circumcised women

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Introduction: Women health is one of the most important issues due to the main role of women in the society as mothers and wives. The physical and psychological status of women plays an impressive role in the families. Their psychosomatic situation influences on the well-being of all member in the family.

Aim: The objective of current study was to investigate the effect of female circumcision on physical and mental health of circumcised women in comparison with non-circumcised women in the same area.

Methods: A total number of 100 circumcised women were selected from the Kurdistan province of Iran for study. The general health questionnaire was used for gathering data. The obtained data was analyzed by software package of SPSS version 23.

Results: Analysis of gathered data showed that there was significant difference between two groups of circumcised and non-circumcised women in the term of mental well-being.

Conclusion: The study concluded that female genital mutilation/cutting is causing the women to lose their satisfaction in their life as a result of circumcision.

Biography
Mohammad-Hossein Biglu is a Clinical Psychologist. His expertise is in evaluation, passion and improving the health and well-being of women.

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