Nursing relativity put a focus on education, roles, rules, obligations and structure of mutual actions by nurses involved in patients' movement

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It is reported to be impossible for us to never move. We are always capable of experiencing balance through gravity. Movement is also reported as a rule of survival (exercise-dependent life forms). Nursing related to patients' static and dynamic support are usual in clinical care settings. Rehabilitation nursing, mobility transport (positioning change, transfer, walking assistance etc.), and support for rest are frequent basic supports for patients. The problem of body restrain is also related to this topic. To support maintenance and improvement of patients' health and provision of safety, there exists a mutual structure between patients and medical personnel always has role, rule, obligation affected by both. The principle that sound mutual co-operation between patients and medical personnel is healthy, as everyone benefits from it, and there is a "flow" in communication. It is important that their interaction continues and is a reciprocal experience for both, patients and the professionals. However, if the roles, rules, and obligations of the medical profession are conducted in unilateral way, the interaction between patients and nurses becomes a one-way communication, and its flow disrupted. The relationship between patients and medical personnel involved in such instances can become rigid and both sides may unconsciously experience displeasure.

When it is prolonged, this feeling of discord may become habitual and thus, normal. What is the kind of nursing support that enhances patients' lives? Based on various research data, nursing interactions and nursing applied cybernetics will be discussed.

Biography
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