

18<sup>th</sup> International Conference on

# Nursing & Healthcare

December 05-07, 2016 Dallas, USA

## An Investigation of a theoretical model of health-related outcomes of resilience in middle adolescents

**Robert Scoloveno**

Rutgers University School of Nursing-Camden, USA

There is a dearth of knowledge about the health outcomes of resilience during adolescence, making the study of health-related outcomes of resilience important. The purpose of this study was to develop a theory-based just-identified model and to test the direct and indirect effects of resilience on hope, well-being, and health-promoting lifestyle on middle adolescents. The study used a correlational design. The sample consisted of 311 middle adolescents, aged 15 to 17, who were recruited from a public high school. Participants responded to instrument packets in classroom settings. The structural equation model was tested with the LISREL 8.80 software program. All seven hypotheses were supported at a statistically significant level ( $p < .001$ ). The results of the study supported the theoretical propositions and the previous empirical findings that were used to create the theoretical model of health-related outcomes of resilience. Alternate models of outcomes of resilience need to be developed and tested on adolescents.

### Biography

Robert Scoloveno PhD, RN is an assistant professor and director of simulation laboratories at Rutgers, The State University of New Jersey school of Nursing-Camden. He has studied the concept of resilience for the past 8 years, specially health outcomes of resilience in adolescence. His other area of research is educational outcomes of simulation technology among schools of nursing, and is an expert in curriculum integration of simulation into schools of nursing.

rscolove@camden.rutgers.edu

Notes: