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Summary on 100 patterns of pulse in acupuncture for accurate diagnosis and healing

Sumita Satarkar

Swasthya Santulan Pvt.Ltd., India

'Acupuncture' an age old science, also known as an alternative healing technique, is mostly used for prevention of disease to maintain the balance of life. The practice of Acupuncture consists of either stimulation or dispersion of the flow of vital energy within the body by inserting needles into specific points on the body surface, applying heat (moxibustion), or by pressing points (Acupressure). Pulse is one of the most important diagnostic tools used from ancient times, which needs accuracy and focus. Unlike any other faculty of medicine, this age old science of alternative healing is a study of 'energy' which neither can be measured nor be seen. It can only be palpated at the wrist. Palpation and its interpretation bring forth the detail analysis of energy and its patterns and thus further can be accurately diagnose the exact illness or disorder. This is called a "Pulse diagnosis". Pulse provides valuable clinical information which can be used to gain a deep understanding of the patient's illness or symptoms on many levels. It warns the patient of the forthcoming illnesses, indicating the present and also the damage done in the past to the body, if the acupuncturist knows the method perfectly. Because of the need of going deeper into my own understanding and knowledge, I started researching and studying this subject intensely and got some extraordinary results.

Following is the brief summary of my findings so far as my research is going on at present.

director@acupuncturepune.com**Notes:**