SEXUAL DYSFUNCTION IS IMPORTANT IN THE ELDERLY: NOVEL TREATMENT USING CANNABIS MEDICINE

Sexuality is a fundamental part of the lifecycle for most people and difficulties can lead to loss of self-esteem, depression, anxiety and interpersonal strife. Despite its normality, half of men and nearly half of women are troubled by some form of difficulties with sexuality at some point in their life. Difficulties go far beyond erectile dysfunction in men and low libido in women and arise in 4 phases: Interest, Arousal, Orgasm, and Satisfaction. Interestingly, few people ever address these issues with their care team, despite evidence that three quarters of their providers are willing and able to be helpful. Part of this stems from the assumption by both patients and providers that beyond the phosphodiesterase inhibitors, which work only for erectile dysfunction in men, there is little to be gained from therapeutics. Cannabis therapy can provide a more effective, cross-gender solution to a broad range of these sexual difficulties. In a largely dose-dependent manner Cannabis has been shown to improve function in all 4 of the domains mentioned above. We will discuss data, clinical scenarios, and practice of treating sexual dysfunction with cannabis. We will also briefly discuss how Cannabis can be used to improve sexual relations in people for whom dysfunction is not currently a problem.

Biography
Jordan Tishler is a leading expert in the field of Medical Cannabis therapeutics. As an Emergency Physician, he has treated countless alcoholics and drug users. His observation that he had never seen a Cannabis overdose lead Tishler to delve deeply into the science of Cannabis safety and treatment. After years of research and learning, he brings his knowledge, reason, and caring to patients here at Inhale Medical Consulting, and through his advocacy work at the local and national levels. He graduated from both Harvard College and then Harvard Medical School (affectionately known together as Preparation H), trained in Internal Medicine at the esteemed Brigham and Women's Hospital, and has spent many years working with the underserved, particularly our Veterans. He is also a parallel entrepreneur working for patients' well-being in the corporate space, helping to elevate dosing and safety profiles of medication, and helping to establish best practice for bringing new Cannabis products to market.

Tishler is a frequent speaker and author on a variety of topics related to the medical applications of cannabis. He is also a Massachusetts spokesperson for Doctors for Cannabis Regulation (DFCR).

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