Zombie thinking™: Understanding what we do and how to change it

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Workshop Details:
Session 1 (required for session 2)

Education:
We will examine the following aspects of Neuroplasticity:
• how zombie systems (unconscious mental processing) are created
• the three primary levels of zombie systems
• how we can recreate our environments to foster positive zombie systems at all levels

Training:
Practical application of what we've learned
• Experience Foundational Cognition Targeted Neuroplastic Training (TNT) proven effective at improving performance of 100% of over 3500 people in military, business, education and brain trauma recovery
• The only program of its kind in the world, vetted and approved by US Special Operations Command, used by Navy SEALs, Pilots, Snipers and Marines
• Veted and approved by Rush Hospital's Road Home program as an effective accelerator of brain trauma recovery
• You will keep the neuroplastic training tools to use on your own after the workshop to continue to experience the benefits of improved focus and intuition and better, faster decision making especially under stress

Biography
John Kennedy is a pioneer in the field of Applied Neuroplasticity. He was contracted by the US Marines in 2006 to create an on-digital neuroplastic mental performance training program to reduce casualties in combat by improving attention, intuition and decision making under stress. He has since helped over 3500 people, in the areas of military, education, business, mental resiliency, improve their quality of life. He speaks regularly at corporate events and parent organizations on the topic of creating neuroplastically enriching environments. He is also the author of the forthcoming book Zombie Thinking™ - Why we do what we do and how to change it.

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