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7th International Conference on

Ayurveda, Homeopathy and Chinese Medicine

May 18-19, 2017 Munich, Germany

Holistic medicine, chaos theory and spirituality

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Introduction: Chaos expresses the multiplicity of events in a holds infinity, synergy, relationships and expressions. It is the principle of possibilities and also to understand the cases from multiple perspectives. In the holistic interpretation, everything is associated with the concrete experience of the totality that, through processes allow for understanding, constant to other holds. Holistic is constant interaction, historical realization and chaos, understanding this as fullness of possibilities dynamism, optimism, etc. Hence also that in holistic limits rather than arrival points or fences of content, are realities to transcend points to exceed understandings to develop.

General & Specific Objectives: General objectives of this are to make known basic human behavior patterns, as it has a totalizing, integral, holistic character. Specific objectives are: 1. Determining and knowing the different paradigms to integrate them in more complete contexts in the therapeutic work, 2. Provide patients with the necessary awareness at the spiritual, moral, and social levels of guidelines and behaviors useful for maintaining health and progressing to an optimal level.

Conclusions: Every patient is anxious to believe in something for which millions of people in the world are spiritually hungry. They are seeking fundamental truth that man is a spiritual being who is suppressed and he must be in communion with the Divine source of all healing. This is surely the meaning of the way, the truth and the life. To perfect our human existence, we must have knowledge of our place, which can happen if we first understand nature in itself.

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