

5th International Conference and Expo on

Acupuncture and Oriental Medicine

July 27-28, 2017 Chicago, USA

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Clinical observation on therapeutic effect of acupuncture combined with graphene far infrared therapy on chronic recovery patient

Objective: The objective of the study is to observe the therapeutic effect of acupuncture combined with Graphene Far Infrared Therapy (GFIRT) on chronic recovery patient.

Methods: The patients were randomly divided into an acupuncture combined with GFIRT group of 74 cases, and a control group (acupuncture treatment only) 58 cases. Average age of the patients was 60.08 years; the onset of illness average was 5.65 years. Clinical symptoms included were: Chronic back pain (22 cases), shoulder pain (15 cases), knee pain (12 cases), neck pain (8 cases), hip pain (6 cases), sleep problem (9 cases), high blood pressure (6 cases), menopause (6 cases), diabetes (4 cases), migraines headaches (3 cases), Lymn's disease (1 cases), prostate cancer (2 cases), colon cancer, metastatic (2 cases), ovarian cancer, metastatic (1 cases). Observation the effective result depended on the treatment time length (hours/day), the frequency of treatment (times/week), temperature used (35c- 55c) and the effective result started day.

Results: The effective rate was 87.9% in acupuncture combined with GFIRT group and 39.7% in the control group with a significant difference between the two groups ($p < 0.005$). The best result with GFRIT showed using GFIR heating pad once or twice a day, 1-2 hours/day, with continued use for two weeks. Specifically good result showed on cancer patient's treatment.

Conclusion: The acupuncture combined with graphene far infrared therapy has a better therapeutic effect than routine acupuncture on chronic recovery patient.

Biography

Xinsheng Jiang, OMD, Lac, is President of Nature Health Center in St. Louis MO, and Vice-president of FOCl, Inc. She graduated from Medical School of Beijing University, China in 1970, worked as Associate Professor in the Dept. of Neurology at the First Teaching Hospital of Beijing Medical School. She has 47 years of experience in teaching and practice of Chinese Traditional Medicine, Acupuncture and Western Medicine.

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