

5th International Conference and Expo on

Acupuncture and Oriental Medicine

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Universal laws of nature, oriental medicine and well-being of the integral person**Menas C Kafatos**

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Science and spirituality are converging: Both science and spirituality seek unity, one by exploring the outer world, the other by exploring the inner world. Oriental medicine traces its origins in ancient spiritual paths, profound and applicable to today's world. In addition to ancient and modern approaches to heal the body and achieve well-being, contemplative practices when combined with healing, aid the individual to remove doubts of the mind and observe inner peace. The relevance of modern quantum mechanics is that we can now have meaningful dialogue between science and oriental healing practices. If science is to be relevant to our lives, then dialogue with healing practices and with spirituality can lead back to our own experiences in everyday life. The universal field that science is hinting at is full of the living force, the living consciousness. It is ever-existing. This is what we call the Living Presence. The Living Presence includes our everyday lives, is not separate from them. According to this if we consciously live the Living Presence and if we are fully aware of our own healing, aided by oriental medicine, acupuncture and when needed, Western medicine, we can be a fully alive integral person. In the workshop, we will explore the universal laws of nature that science now understands and how we can apply them to the ancient teachings and the practical aspects of oriental medicine, healing to the integral body-mind of the individual. The workshop will include practical guided contemplations of scientific truths and how we can apply them in a true integrated spiritual awareness.

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