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Acupuncture treatment for 36 cases of facial paralysis

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In the present study, 36 cases of facial paralysis were treated using acupuncture with perpendicular and point to point acupuncture. Among them 22 cases were cured (61.11%), 12 showed marked effect (33.33%) and two got improved (5.55%), an effective rate of 100%. Analysis shows point to point acupuncture needling along with routine acupuncture have far more superior results. Bell's palsy or facial paralysis is characterized by the weakness of muscles supplied by the facial nerve, due to inflammation and swelling of the facial nerve within the facial route. It is most common in the persons who is over 30 years of age and in both sexes equally, though we got cases of young patients aged 22–27 years. The signs and symptoms include sudden onset of unilateral total or partial paralysis of the facial muscles, numbness on the affected side, loss of taste and excessive tear production on affected side. Method of treatment include acupuncture points selected were xiaguan (s-7), jiache (s-6), taiyang (extra), dicang (s-4), sibai (s-2), yifeng (tw-17), fengchi (gb-20), yangbai (gb-14), baihui (du-20), hegu (li-11), yanglingquan (gb-34), zusanli (st-36), neiting (s-44). After treatment, in some case, symptoms and signs disappear completely, both sides of face are symmetric, and the sensory and motor functions recover completely; in another case patient still feels numbness on affected side. Some case didn't show any improvement of signs and symptoms effect after 10 sessions of treatment. All the 18 cases of facial PARALYSIS were treated using acupuncture with perpendicular and point to point acupuncture. Among them 11 cases were cured (61.11%), 6 showed marked effect (33.33%) and 1 improved (5.55%), an effective rate of 100%. Based on the theory of traditional Chinese medicine, it is held that wind and cold of external origin which invades the channels traversing the face and disrupt the flow of qi and blood, preventing the vessels and muscles from receiving the necessary nourishment. Treatment is directed towards spreading the qi through the channels of the face.

Biography

Sukhwinder Singh is an Acupuncture Therapist in Guru Kirpa Acupuncture and Holistic Care Center, Amritsar, India. He has attended 15 national and international acupuncture conferences and presented acupuncture papers in 9 conferences. He is the Vice Chairman in the Alliance of Research and Development Traditional Medicines, Fudan University, China and the Vice President of Acupuncture Science Association, Punjab unit, India. He is the Life Member of Acupuncture Association of India and the Member of Tamil Nadu Acupuncture Council, India.

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