

7th International Conference & Exhibition on

TRADITIONAL & ALTERNATIVE MEDICINE

October 24-26, 2017 | Dubai, UAE

Tian-character(☐) acupuncture combined with moving Qi-therapy: Improves pain and symptoms induced by spine related problems

Huei-Cing Hsieh¹ and Yu-Ning Lin²

¹Tzu Chi University, Taiwan

²Tzu Chi Hospital, Hualien, Taiwan

Tian-character acupuncture is one of the changes in the scalp acupuncture techniques, applying Chinese acupuncture needling methods alongside the holographic principles of hologram theory showing reflection of the entire human body on the head. In this style of “holographic acupuncture” needles are inserted into specific zones of trigger points on the scalp behind the head to represent spine in holographic principles combining the moving Qi-therapy patients move their body during needles retaining to achieve the desired therapeutic effects. The key point is to loosen the Qi knot where the needle is inserted. This means there is Qi stagnation forming what feels like a knot or abnormal pain points along the chosen meridian and needle is inserted here to move qi and free stagnation. This is a very good method of minimal needle count but with significant therapeutic effects.

Statement of the Problem: A 68-year-old Women had left leg length discrepancy and scoliosis caused leg pain, after the vertical rectangle Tian character acupuncture treatment combined with moving Qi-therapy about 20 minutes her leg pain relieved obviously.

Single Tian-character acupuncture: From Baihui GV20 (corresponding to the head) to Naohu GV17 (corresponding to the last sacrum) is equivalent to the whole spine of holographic principles. According to Dr. Wen-jing Song's point of view, the line of demarcation for Qiangjian GV18 is at the lumbosacral, and for Houding GV 19, it is at the thoracolumbar area. As the scale, there are the four trigger points on both sides of Naohu and one center point (near Qiangjian point GV18) of them. Performing acupuncture on five trigger points is equivalent to loosen the Qi knot of the five tight points on the waist area of holographic principles. (Figure 1)

Double Tian-character acupuncture: Therapeutic efficacy of acupuncture can be strengthened by single Tian-character acupuncture adding a Tian-character above or on two sides of Tian-character to form double Tian-character acupuncture: the vertical and horizontal rectangle Tian-character. The vertical rectangle Tian-character is the field up and down stacks, but the horizontal rectangle Tian-character is the field side by side and wrapped by the second field. Selecting the vertical rectangle Tian-character acupuncture with moving-Qi-therapy simultaneously to relieve pain and discomfort if one suffers from serious neck spine related problems; selecting the horizontal rectangle Tian-character acupuncture if one suffers from thoracic and lumbar spine related problems. Enhancing the therapeutic efficacy by combining moving-Qi-therapy simultaneously - patients walk around or move their body to re-adjust the spine and Qi stagnant situation based on the holographic principles to relieve symptoms of spine related problems.



Figure 1. Single Tian-character (☐) acupuncture
From Baihui GV20 (corresponding to the head) to Naohu GV17 (corresponding to the last sacrum) is equivalent to the whole spine of holographic principles. According to Dr. Wen-jing Song's point of view, the line of demarcation for Qiangjian GV18 is at the lumbosacral, and for Houding GV 19, it is at the thoracolumbar area. As the scale, there are the four trigger points on both sides of Naohu and one center point (near Qiangjian point GV18) of them. Performing acupuncture on five trigger points is equivalent to loosen the Qi knot of the five tight points on the waist area of holographic principles.

Biography

Huei-Cing Hsieh majors in Post-Baccalaureate Chinese Medicine of Tzu Chi University, an intern in the department of Integrated Chinese and Western Medicine of Chung Shan Medical University Hospital. She is interested in scalp acupuncture integrated into the “moving-Qi-therapy” to achieve a significant effectiveness in improving many problems based on holographic principles of hologram theory showing reflection of entire human body on the head. She creates the Tian-character acupuncture learned from her teacher's clinical experiences for many years and believes we can use this new creative method to let patient's symptoms relief faster than the traditional way.

102318111@gms.tcu.edu.tw