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## TOOTH BRUSHING HABITS AND DMFT VALUES OF PRESCHOOLS STUDENTS IN MERAM

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Oral and dental health problems are a major public health problems. it is possible to significantly reduce the oral health problems, with preventive oral health care practices and acquired toothbrushing habits at an early age. This study aimed to evaluate the dmft value and toothbrushing habits , as a result of oral and dental health screening in preschools students. This descriptive study was conducted at 2014-2015 academic period in 96 preschools Meram district of Konya. Oral and dental health screening was done that 3163 students have been reached from 4189 students. %52.8 of the students were boy. 50.6% of students were regular toothbrushing habits and toothbrushing habits was significantly higher in girls ( $p=0,01$ ). 14.3% of students who participated in the health screening was completely healthy in terms of dental health (didn't have; decayed, filled and missing teeth). The total number of decayed teeth 8767, number of missing primary teeth 5051, the number of filled teeth 795 in 3163 students who participated the screening. DMFt index 4.42 in girls, 4.78 in boys, it was found to be 4.61 in the all groups. Number of decayed teeth per person 2.6 in girls, 2.9 in boy and the number of missing primary tooth per person, It was found to be 1.5. According to the WHO dmft index should be 1.5 in school children but dmft index was found higher in participants. Early childhood is the best time to acquire the habits regarding oral and dental health.

### Biography

Lütfi Saltuk Demir has been Graduated from Faculty of Medicine in Selcuk University, as Medical Doctor, with the specialties including Internal Medicine, Social and Community Medicine and Public Health. Later on he obtained his post-graduation from University of Selcuk Faculty of Medicine with subjects Public Health and then started working at The University of Konya Necmettin Erbakan Faculty of Medicine Public Health Department where she has continued his research. Presently he has been working at the at the Necmettin Erbakan Faculty of Medicine Public Health Department.

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