The impact of work stress on conflict and pressure on work and family professionals: A discussion from the application of instant messaging software

Sung Ming Chi
St. Martin De Porres Hospital, Taiwan

Background: Work and family life are the most important areas of life for men and women in today’s workplace, and individuals are required to meet or fulfill the responsibilities of work or family roles. However, the development and popularization of information technology, resulting in the work and family roles and time of the division of the increasingly blurred trend, although technology can create benefits, but also under pressure. Such as instant messaging and other technologies are all ubiquitous features, coupled with the network system, but also regardless of time and place to transmit messages.

Purpose: This study examine the impact of work stress, job conflict and stress effects, and further explore the effect of communication with the instant messaging software using intelligent mobile devices to work with job stress and workplace conflicts.

Method: This study is intended to pressure theory and work-family conflict model, coupled with the technical pressure to do the relevant factors. The data analysis method was used to model the structural equation modeling, and SPSS and Smart PLS were used as the main statistical analysis tools to verify the causal relationship between the variables in the research model.

Biography
Sung Ming Chi is currently working at St. Martin De Porres Hospital as a Chief Nursing Officer in Surgical Intensive Care Unit engaged in clinical management and teaching.

olda515@gmail.com