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Oral health in 21st century

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Oral healthcare is known to have been dated back to ancient times. During the past several centuries, dentistry has seen many improvements and changes. Today, there is an increase in the patient education and hence their cooperation. The dental providers are equipped with sophisticated ways and methods to provide with effective painless oral care to the patients. People have increased awareness of the oral healthcare, its maintenance and prevention of oral diseases. There have been major advancements and evolutions in the field of dentistry, especially in the last 50 years. Fluoridation of water is one of the top most public oral health initiatives; this led to a huge reduction of carious lesions. Other than water fluoridation, advancements in composite fillings, introduction of different types of osseointegrated dental implants are introduced and being widely used by the dentists. We will be discussing the contrasts between the ancient ways of dentistry and the dental world of 21st century; the role of proper diagnosis, treatment planning, patient education, patient comfort and the painless dental procedures in treatment of dental problems.

Biography

Deeksha Kaura has completed her Bachelor's in Dental Surgery from Maharishi Markendeshwar University. She was a Student Fellow under the Indian Council of Medical Research approved research at the Department of Preventive Pediatric Dentistry at MM College of Dental Sciences & Research, Mullana. She has presented 8 scientific papers/posters at various national and international conferences.

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