A case with Psychogenic Blepharospasm and Meige Syndrome

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Here we report a patient who presented a co-occurrence of Meige syndrome and psychogenic blepharospasm. At the first assessments, neurologists excluded a functional neurological symptom disorder because of the presence of a conflict and stress, absence of any markers for Meige Syndrome, and a non-response to Botulinum toxin treatment. We determined bilateral blepharospasm, and oromandibular dystonia by neurological examination and EMG. The patient was diagnosed as primary Meige syndrome by the neurologists. In this case, stressful life events had preceded the appearance of the symptoms. Blepharospasm which triggered by emotional stress, caused secondary gains against her family. We observed that at her husband visit times, the patient closed her eyes, and dystonic symptoms worsened. We decided that the patient had both psychogenic blepharospasm and Meige syndrome which co-occurred nearly at the same interval three years ago. Similar to the seizure-pseudoseizure association, we supposed that Meige Syndrome and concomitant psychogenic blepharospasm may indicate an coexistence of medical and conversion symptoms as in epileptic patients.

Biography
Volkan Balci has completed his Doctorate from Adnan Menderes University School of Medicine, Department of Psychiatry. He is now a Specialist in Luleburgaz Hospital, Department of Psychiatry.

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