Psychological rehabilitation for ideology-based terrorism offenders

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Psychological rehabilitation to religious terrorism offenders consists of efforts to re-establish human capacity and function in society, restore for a good condition, achieve self-efficacy and be able to re-integrate into society. It focuses on character building and well-being of violent offenders, in order to have more peaceful state of mind and favorable attitudes to society. Practically, there are two types of rehabilitation to terrorism offenders, exclusiveness and inclusiveness, which can be combined in performing psychological rehabilitation. This paper explains steps in rehabilitating religious terrorism offenders, psychological treatment process, and behavioral transformation seen in religious terrorism offenders. There are 10 steps in rehabilitating religious terrorism offenders and five phases of psychological treatment process. In terms of behavioral transformation, religious terrorism offenders experience two kinds of process namely natural and designed behavioral transformation.

Biography

Zora Arfina Sukabdi is pursuing her PhD at Swinburne University of Technology. Her approach in rehabilitating former perpetrators in Indonesia and their families is seen to be holistic which include psychosocial, vocational, spiritual-ideology and cultural aspects. Her research work includes “Identifying parameters of successful rehabilitation and after care programs for bombing victims as well as terrorism convicts”. Her dedication underlines her outstanding achievements and promote her to receive Allison Sudrajat Prize and be nominated as a representative of Swinburne University of Technology in the International Women’s Day.

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