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WOMEN'S PSYCHOLOGICAL SEXUAL DISORDER AND HYPERTENSIVE HUSBANDS

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Introduction: Sexual health is the basic need of human being and chronic illness might threaten sexual marital relationship due to sexual dysfunction

Objectives: This study aims to compare the relationship between couple burnout, sexual assertiveness, and sexual dysfunctional believes in women with hypertensive and non-hypertensive husbands.

Materials and methods: This cross sectional descriptive study was a causal comparative one. The research was conducted in internal clinic, jahrom university of medical sciences during 2013to 2015. Totally 200 participants were included in this study; 100 participants were women with hypertensive husbands and the others were women with non-hypertensive husbands. These participants were selected by purposeful sampling method. Data were collected through a demographic characteristics' questionnaire, couple burnout Measure, Hulbert index of sexual assertiveness and sexual dysfunctional beliefs Questionnaire. Descriptive statistics as a Mean and SD, also, ANCOVA and LSD test were used to evaluate the differences in 2 groups.

Results: There wasn't any difference in demographic characteristics in two groups. Results of the multi-variable analysis of variance indicated that there was a significant difference between couple burnout ($P<0.05$), sexual assertiveness ($p<0.05$), and sexual dysfunctional believes ($P<0.05$) in women with hypertensive and non- hypertensive husbands .Women with hypertensive husbands had a higher mean score in sexual assertiveness couple burnout and sexual dysfunctional believes factor compared to women with non- hypertensive husbands.

Conclusion: It seems that one of the most important factor which influences and increases couple burnout, wrong sexual believes regarding sexual function and sexual assertiveness in women is their husbands' sexual dysfunction. Family mental health policy makers and doctors are suggested to pay more attention couple therapy inside medical therapy in order to increases mental health and family health in people with chronic diseases.

Biography

Farzaneh Alipour is a student research committee member at Jahrom University of medical sciences, Jahrom, Iran.

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