

World Congress on

Health and Medical Sociology

September 19-20, 2016 Las Vegas, USA

SPIRITUAL RESISTANCE OF MEN AGAINST SEMEN ANALYSIS

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Introduction: Semen analysis is the first step in the management of infertility in which men should be cooperative In order to gain the significant information. The aim of this study is investigating the causes of spiritual resistance of the men against semen analysis.

Method: In this cross-sectional study, 430 couples were selected randomly who referred to Dr. Rasekh's clinic due to infertility in Jahrom city, men responded to a questionnaire containing 7 questions and variables such as age, education, occupation, number of children, place of residence. The data were analyzed by SPSS software.

Results: This study was performed on 430 couples who referred to the Clinic; Mean age of men was 29.7 %±6.7. Education Level; 12.4 % (49) were under 12 years, 44.4% (176) 12 years and 43.2% (171) were More than 12 years of education.

Causes of resistance were as mentioned here: Men's fear of disclosing secrets that are not sexually normal(68.8%), Men shyness(66.5%), men proud(% 60.6), fear of humiliation (59.4%), Men believe that the main cause of infertility is due to women (58.8%), fear of life disrupting their marital relationship(37%).

Conclusions: Taken together, most of their opposition to the sperm analysis test was man's fear of disclosing secrets that are not sexually normal and next was men shyness. Men should be recommended that if they do this test their character, status and manhood would not be ruined. And also counseling with a professional psychologist is suggested.

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