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Introduction of NeurOptimal® nonlinear dynamical Neurofeedback™ system**Rumi Suzuki**

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Introduction of NeurOptimal® nonlinear dynamical Neurofeedback™ system, which was developed by Dr. Valdeane W Brown & Dr. Susan Dermit Brown of Zengar Institute Inc., Canada, is a neurofeedback technology which harnesses the dynamical properties of the brain. NeurOptimal® Dynamical Neurofeedback™ is the only neurofeedback system which uses the technology of nonlinear mathematics; all the other neurofeedback systems are linear. Instead of pushing the brain in a particular direction as is done by linear neurofeedback systems, NeurOptimal® mirrors back what CNS has just done, which information is then mirrored back to NeurOptimal®, then mirroring back again between CNS and NeurOptimal®. NeurOptimal® is not a treatment but a training, which enhances the resilience and flexibility of CNS by way of its self-regulating ability. As the NeurOptimal® training goes on; the initial problems seamlessly fade away regardless of what diagnosis clients had. NeurOptimal® does not need a diagnosis: NeurOptimal® process is the same for migraines, irritable bowel, anxiety, ADHD, autism or sleep disturbances and it is same for a 100-year-old, a newborn baby and someone in coma or at peak health. The NeurOptimal® mirroring back system made this possible. In addition to the characteristics of NeurOptimal®, a couple of success stories are mentioned: Alzheimer disease (Mr. Craig Walker's office), real moms from Zengar website and myself. NeurOptimal® perfectly mirrored back the minute feel of my depression of 20 years, which was too subtle to be understood exactly by anyone. NeurOptimal® will definitely be one of the essential tools for world-wide mental care.

Biography

Rumi Suzuki has graduated from Japanese High School. She has been Managing Brain Spa Co., Ltd. in Tokyo, a company practicing neurofeedback training for 10 years. She is a Representative of Zengar Institute Inc., Canada and an Instructor who is certified to teach NeurOptimal® in Japanese.

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