

30th Global Experts Meeting on

NEONATAL NURSING & MATERNAL HEALTHCARE

May 14-15, 2018 Singapore

The normal physiological process of birth and optimal positioning of baby

Irene Chain Kalinowski and Meng Xue

The Modern Maternity Service System MMSS, China

Do you understand birth? Are you confident with supporting a woman through the most important day of her life? Do you encourage family support? A woman's body talks to her and it talks to the midwife. Do you know how to be the observant caring midwife that doesn't need to rely upon technology?

In this workshop you will learn:

- About normal birth. Is it Labor or not labor?
- How to support the normal physiological process of labor and birth.
- To be confident with the process.
- To understand the birthing hormones
- Develop observation and communication skills
- Support free movement and Position
- Positions women use in labor and birth
- The use of Doula Tools
- What to do if baby is in an awkward position

Biography

Irene Chain Kalinowski has practiced midwifery for 20 years on the continuity of care model. She has provided holistic care more than 1000 women from the beginning of pregnancy, from the first labor contraction through the entire labor and birth process. Meng Xue's has experience of over 30 years with laboring women and brings her natural and traditional approaches to care.

chainirene@gmail.com
cnzcs66@163.com

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