

# World Neonatology and Child Care Meeting

October 25-26, 2018 | Prague, Czech Republic

## Important cooperation during developmental care in NICU including golden hour principles



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Developmental care is well known phrase in neonatal care. We all try to use NIDCAP concept and focus on developmental outcome in our preterm neonates. Despite all our knowledge we still have some gap in practice. It is very important to coordinate nursing and medical care together and thus improve our outcomes. We have many challenging situations in NICUs all around the world starting with delivery of ELBW neonates going through admission period and finally dealing with parental care in NICUs. During all these processes we should always think about developmental care and practice whether our procedures are necessary and whether we really try to support our neonates as much as we can. Time of delivery and golden hour after delivery are the most crucial periods for our neonates and we have to minimize hands on time for the most important procedures only. Many times we do not think about simple steps we should do before we touch our neonates such as initial touch, light protection, noise protection as well as pain and stress protection. If we all plan care together, respect each other in the NICU team we can reach the best outcome. Major role is the education of NICU staff and parents as well as willingness of our team to improve ourselves and whole NICU community.

### Biography

Zuzana Tomaskova is a Neonatal Nurse Specialist from Czech Republic, Prague. She studied NICU Nursing after her Pediatric Nursing Diploma and finished her Bachelor's degree at Edinburgh Napier University in UK. She started her career as NICU Staff Nurse and continued through NICU Head Nurse and Clinical Nurse Specialist. She is NRP Instructor, STABLE Provider and lectures at international conferences. Her main professional goal is to improve developmental care strategies in NICU and equalize nursing and medical site on the same level with the respect of all NICU team.

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