

22nd World Congress on

PEDIATRICS, NEONATOLOGY & PRIMARY CARE

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**Farha Hijji***Clinical Resource Nurse, UAE***Use of Gibbs reflective cycle in promoting professional development of health care providers**

One of the major models of reflection is Gibbs reflective cycle. It involves six stages headed as description, feelings, evaluation, analysis, conclusion and action plan. The process of reflection allows a sense of order to be brought to the descriptions of the experiences and for them to be brought into conscious awareness. Therefore, it should be embedded into professional behaviour for providing high quality care to patients. The workshop will involve exploring the model, understanding the stages involved and practicing reflection using scenarios and actual experiences.

Biography

Farha Hijji has completed her double major Master's degree in Leadership in Health Professions Education from University of Sharjah and Royal College of Surgeons in Ireland. She is working as a Clinical Resource Nurse in Kuwait Hospital-Sharjah and licensed BLS Instructor from American Heart Association.

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