Nursing diagnoses for patients with heart failure in the emergency room

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The heart failure is considered to be one of the greatest public health problems in the world and the most of hospitalizations and hospital readmissions in people over 65 years of age, generating a high cost for the health system. Objective: To identify nursing diagnoses with a focus on the problem of patients with heart failure hospitalized in an emergency hospital of a general hospital according to the North American Nursing Diagnosis Association International NANDA-I Taxonomy. Method: Quantitative, exploratory, descriptive, In the emergency department of a southern hospital. 41 patients, older than 18 years, both sexes, who were not pregnant, were admitted to the emergency unit. Results: total of 28 diagnoses were identified, with the highest frequency being 14: sedentary lifestyle, disposition for improved health self-control, impaired physical mobility, fragile elderly syndrome, self-care intolerance for dressing, Activity intolerance, self-care deficit for Bathing, impaired comfort, decreased cardiac output, self-care deficits for intimate hygiene, poor recreation activity, fatigue, ineffective respiratory pattern, and anxiety. Final considerations: To instrumentalize nurses who attend patients with this profile, this study can contribute to the improvement of the practice and application of the nursing process and reflection on care.

Biography
PhD in nursing by the University of São Paulo, teacher of the Nursing Department of the Federal University of Santa Catarina. Teacher of the Postgraduate Nursing Program PEN/UFSC. Coordinator of the Multidisciplinary Professional Master’s degree in nursing at UFSC/HU. Tutor of the Multidisciplinary Residence in Health of the Urgency and Emergency Area at UFSC/HU. Has 25 years of nursing. Experience, with emphasis in cardio logical nursing. Are researcher and vice president at the Research Laboratory of Caring of People in Critical Health Situation (GEASS/UFSC). Effective member of the NORTH AMERICAN NURSING ASSOCIATION INTERNATIONAL (NANDA-I).

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