A case study to explore current mentorship program influences on intern nursing students’ (mentees’) knowledge, skills and attitudes in MoH training hospitals in Saudi Arabia

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Statement of Problem: In Saudi Arabia, a shortage of Saudi nurses has reached a critical point in nursing workforce planning; there is a need to fill nursing positions in order to cover this shortage and meet patients’ needs. Part of the problem is that many intern nursing students (mentees) are placed in demanding roles without sufficient training or adequate preparation. Many mentees in the early stages of developing their skills consider clinical practice to be a challenge for their capabilities.

Purpose: The purpose is to explore the influence of current mentorship program for mentees to understand how it influences their knowledge, skills and attitudes.

Methodology: A qualitative case study design has been chosen as a research strategy for this study, as it can provide realistic information about the influence of current mentorship programs on intern students in two MoH hospitals in KSA in order to understand different perspectives.

Data Collection: Documentary material using categorization strategy, i.e., documents from official, formal or informal sources and recordings made during participant observations and semi-structured interviews will be employed and recorded with the stakeholder teams, mentors and mentees.

Observation: Following observation periods, the informal conversations of the study participants and the researcher will be documented to identify first-hand how the mentees reflect on what they learnt in their mentorship programs.

Analysis: Grounded theory analysis will be used to analyze the results of documentary analysis, semi-structured interviews and participant observation.

Results: in progress.