A project to improving conception of providing healing environment of nurses in respiratory care center

Szu-Yin Chen
Shin Kong Memorial Wu Ho-Su Hospital, Taiwan

According to theorists of Nightingale and Watson, creating healing environment is a benefit for both patients and nurses. Most of the nurses lack comprehensive understanding of a healing environment. The respiratory care center (RCC) is a subacute care facility provides pulmonary rehabilitation program to prolong ventilation weaning patients. Providing a healing environment can often be a challenge in RCC due to daily training and exercising. Strategies of quiet time are dim down the light and reduce the noise level with two block of time. The aim of this project is to enhance the conception of nursing care in providing healing environment in RCC. From October 2016 to April 2017, the project team designed an education program with pretest-posttest evaluation which is based on quiet time and conducted to nurses from RCC. The primary outcome was the pretest-posttest evaluation of nurses. In our project, we demonstrated that the conception of providing healing environment can be improved by education programs. We surmise that the lower mean scores in senior nurses were attributed to work fatigue and overload non-clinical working. Despite the daily pulmonary rehabilitation is important to patients with prolong ventilation weaning in the RCC, providing an adequate healing environment has beneficial to recovering. The concept of providing healing environment should be keep prompting and emphasizing for nurses.

Biography

Szu-Yin Chen has completed her Master's degree at Taipei Medical University, College of Nursing. She is the Head Nurse at Shin Kong Wu Ho-Su Memorial Hospital. Her specialties are Critical Care and Respiratory care. At the same time she is also a Professor at University of Kang Ning. She is involved in life and death education and Nursing research at Shin Kong Wu Ho-Su Memorial Hospital.