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Acupuncture treats pilomatrixoma on the scalp: A case report

The case study begins with a 42 year old Hispanic American woman had two nodules on her scalp for more than ten years. The nodules slowly grew larger and lost their hair. Her father had these types of nodules as well. The size of the nodules on the scalp were (a) 1.3×1.5 cm and (b) 1.0×1.0 cm, as measured by a dermatologist in 2012. The dermatologist's diagnosis was pilomatrixoma. The patient did not accept surgical treatment. When the patient came to the acupuncture clinic in 2016, the nodule sizes were (a) 1.5×2.0 cm and (b) 1.3×1.5 cm, as measured by the acupuncturist. Both nodules had grown bigger in four years. There were no hairs growing on the skin of both scalp nodules. The nodules were subcutaneous, semi-hard, smooth edges, non-tender, and freely movable. The nodules were treated by acupuncture 1-2 times a month since February 15, 2016. Three to six needles were inserted into each nodule during each treatment. The needle diameter was 0.22 mm at the beginning of the treatment plan but increased to 0.35 mm in diameter after four months of treatment. The needle length inserted into the nodules ranged from 0.5 cm to 1.2 cm. The large nodule (a) was treated 16 times and cured on September 26, 2016 and the small nodule (b) was treated 22 times and cured on February 6, 2017. The black hairs grew back in the scalp area as the nodules reduced in size.

Biography

Shang-Jin Shi has received his MD from Shanghai Second Medical University, in 1984, and was a Physician at Shanghai Zhabei District Central Hospital, China until 1988. He has obtained his PhD from Osaka University Medical School, Japan, in 1995. He has worked at Georgetown University Medical Center, the University of Alabama at Birmingham, and Tulane University School of Medicine as a Post-doctoral Fellow in USA, from 1995 to 2001. He has worked as a Senior Scientist at Wyle Laboratories, USA from 2001 to 2010. In 2013, he received MS from American College of Acupuncture and Oriental Medicine. Currently, he is practicing for Acupuncturist at Shi Acupuncture and Herbal Clinic in USA. He has published more than 15 papers in reputed journals.

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